

UNBLOCKING Our Movement's Chakras



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From the Author

This is a 7-part series that will focus on the issues in our radical movements that I think need our immediate and ongoing attention. I am using the ancient eastern concept of chakras for the body as a parallel to our movement's energy wheel. Healers believe sickness occurs when the body's chakras are blocked or out of alignment. Likewise, the U.S. Left and our social justice movements need our collective introspection, analysis and adjustments that lead to unblocking our energy/chi points. A weakened Left, and especially the Black Left, have been unable to provide this critical guidance over the last twenty years.

I do not have the space to go too deep into the expanse of my thinking although I have been pondering and talking about these topics for a few years now. I am looking to stimulate a higher level of principled discussion about how to energize and organize the social forces coming into play at this pivotal juncture in history and how we can rebuild a formidable, dynamic and radical movement in this country.

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The Front Cover

The Root Chakra, featured on the front cover, is called the Muladhara which translates to mean root and support. In the human body, the Muladhara is located at the base of the spine and represents the foundation. The Muladhara of our movement represents the same thing—our grounding. Like its importance to the body, the Root Chakra establishes the deepest connections with your ancestors, your physical body, your environment and with Mother Earth.

The Root Chakra must be balanced first, even before we reach out to support others. If not, we will not have the stability and strength to move towards true transformation and personal growth. The Root Chakra of the social justice movement is an important focus if we intend to minimize chaos and confusion that stifles our liberating energies..